



Gateway Athletics and Physical Education Requirements/Credits Crib Sheet

Physical Education Requirements	<ul style="list-style-type: none"> ▪ 20 semester credits needed to graduate ▪ 5 semester credits = 60 hours of physical activity ▪ 20 credits = 240 hours
Gateway Sports Teams	<ul style="list-style-type: none"> ▪ Interscholastic Sports Application must be turned in before trying out for teams including a physical exam with documentation. ▪ Student must be in good standing academically and behaviorally to try out for teams. ▪ Student must maintain a 2.0 GPA or higher to be eligible for Gateway sports. (During the season, if a student's grade in any class falls below a C, he/she will be unable to participate until the grade is brought up.) ▪ Due to roster limitations students are not guaranteed a spot on Gateway teams. All teams have try-out sessions. ▪ Student-athletes earn 5 physical education credits per sport season. (Due to the length of the season, basketball players earn 10 credits.)
Alternative Physical Education	<ul style="list-style-type: none"> ▪ Students can earn physical education credit for organized sports/activities that are not sponsored by Gateway. (Ex: Athletic teams, cheerleading, dance class, gymnastics, martial arts, tennis lessons, etc.) ▪ The supervisor or coach must maintain an Alternative PE Log form and sign off. Forms are available in the Main Office. ▪ Students can earn physical education credit for <i>exercise</i> if it is: <ul style="list-style-type: none"> a) Supervised by an adult who signs off hours b) Has an educational aspect to the exercise ▪ Students <i>are responsible for logging hours</i>, getting appropriate signatures, turning in the form to Athletic Director, Joe Killmaier when 60 hours have been logged.
Project Week	<ul style="list-style-type: none"> ▪ Some Project Week classes count as physical education credit and will be submitted by the Project Week teacher to be posted.
Clubs and Activities That Gateway Count for Physical Education Credit	<ul style="list-style-type: none"> ▪ Students fill out Alternative PE form with hours logged and signed off by supervisor. ▪ Club supervisor approves the form. ▪ Student turns in form to J. Killmaier when 60 hours are logged. ▪ J. Killmaier reports to registrar the credit earned.



Gateway Fall Sports Try-Out Schedule

Try-Outs for Fall Sports Girls' Volleyball & Boys Soccer:

Volleyball - Monday Aug. 18, 2-5pm at Gateway Gym

Soccer - Monday Aug. 18, Noon - 2:00pm at Gateway

Look out for future bulletins about winter sports try-outs!

Students must bring the following forms to the try-outs:

- * GHS Sports Application
- * Uniform Agreement
- * Parent Consent Form
- * Assumption of Risk Waiver Release
- * Proof of Health Coverage
- * Athletic Insurance Certification
- * Athletic Code of Conduct
- * Physical Examination Form: Students must have a recent physical done before try-outs.
- * Steroid Policy

All Forms and further information on Gateway's athletic program can be found on the school website www.gatewayhigh.org. Click on: Athletics. Check Website for Changes and updates.